

FIG. 1

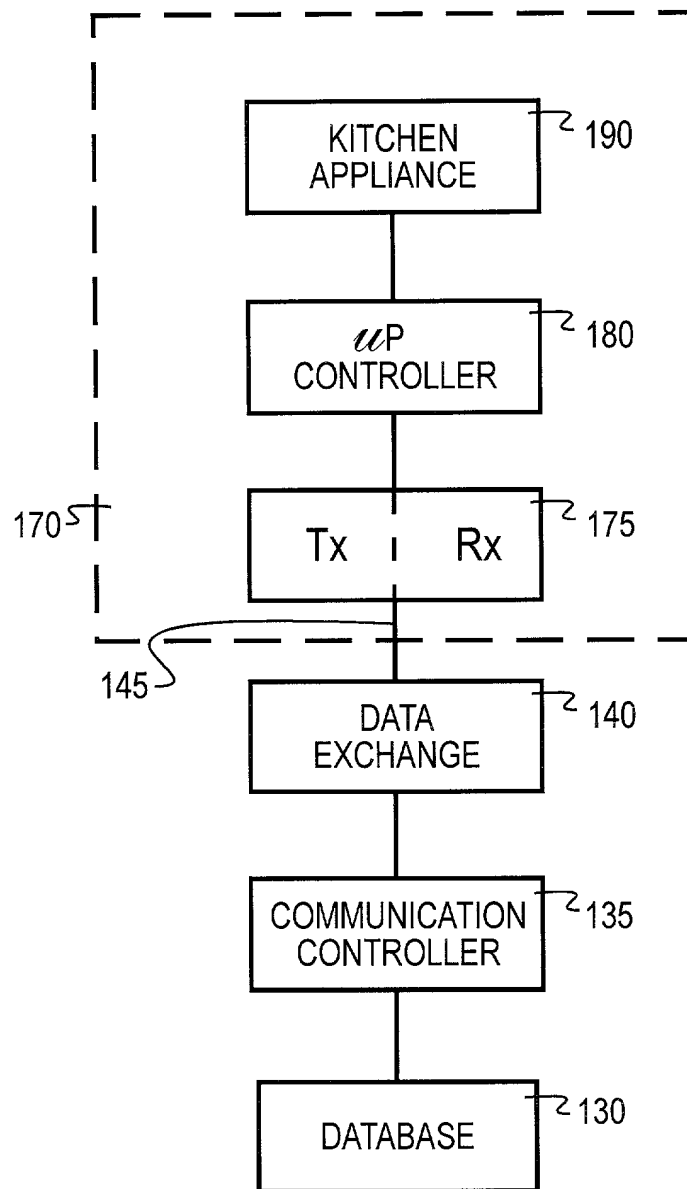


FIG. 2

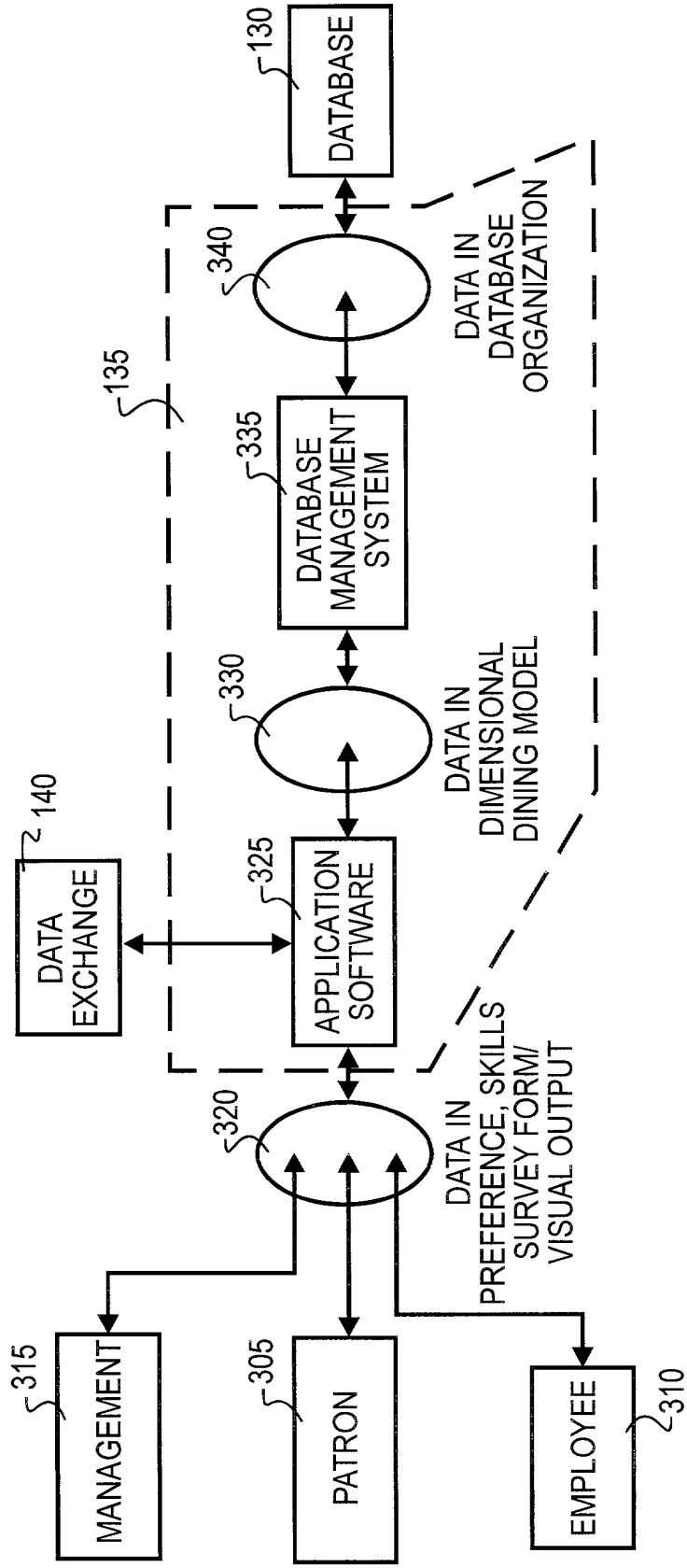


FIG. 3

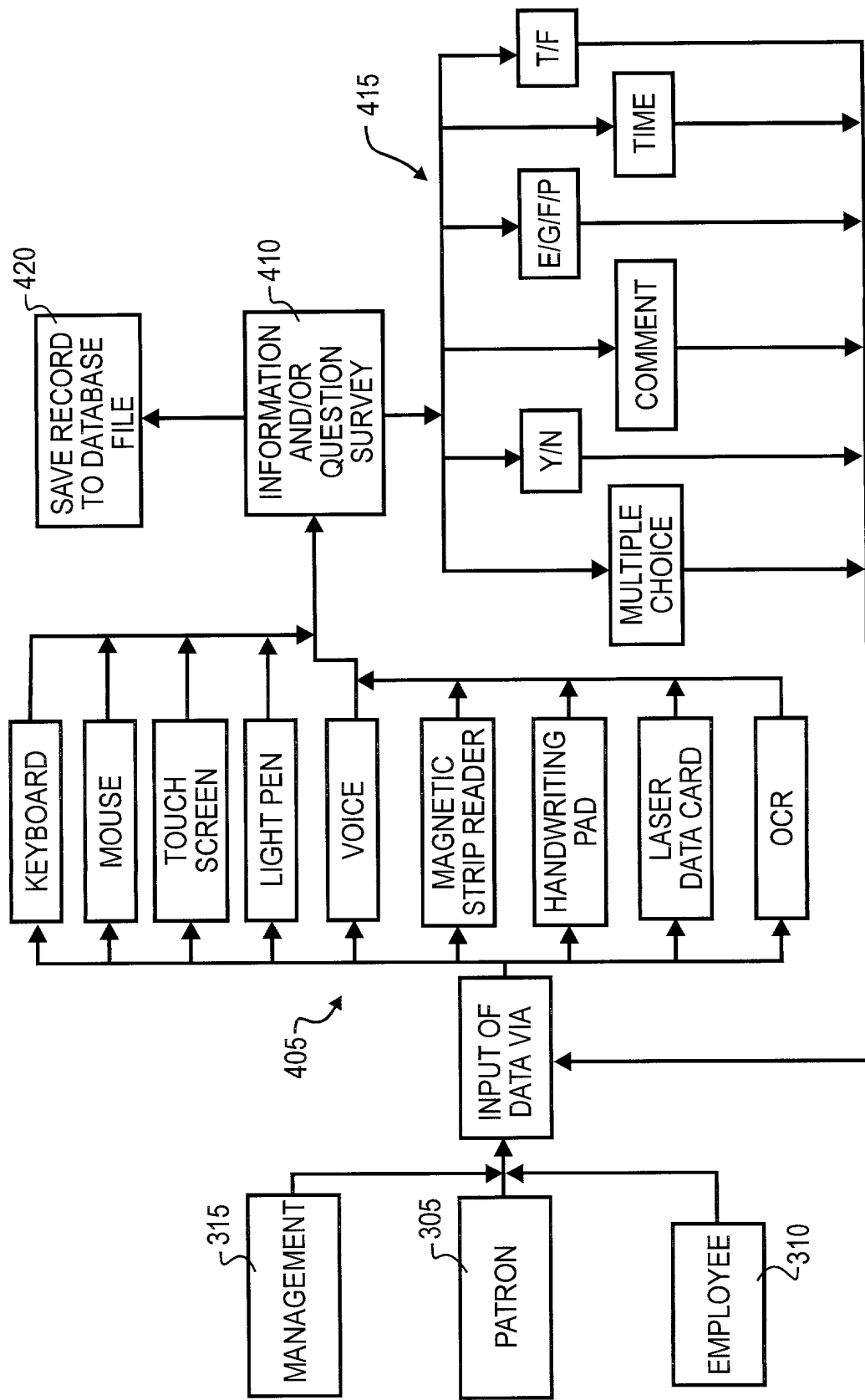


FIG. 4

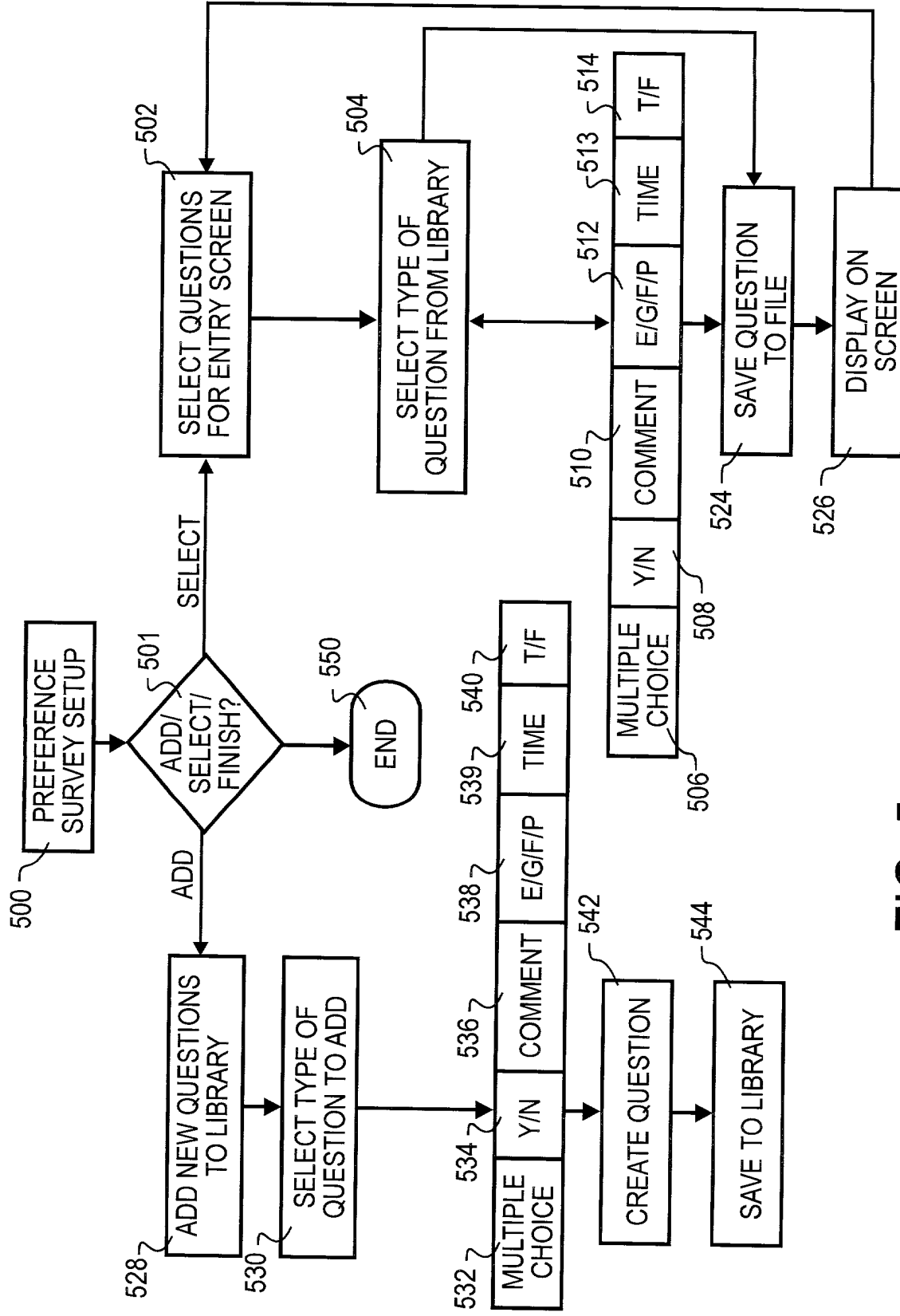


FIG. 5

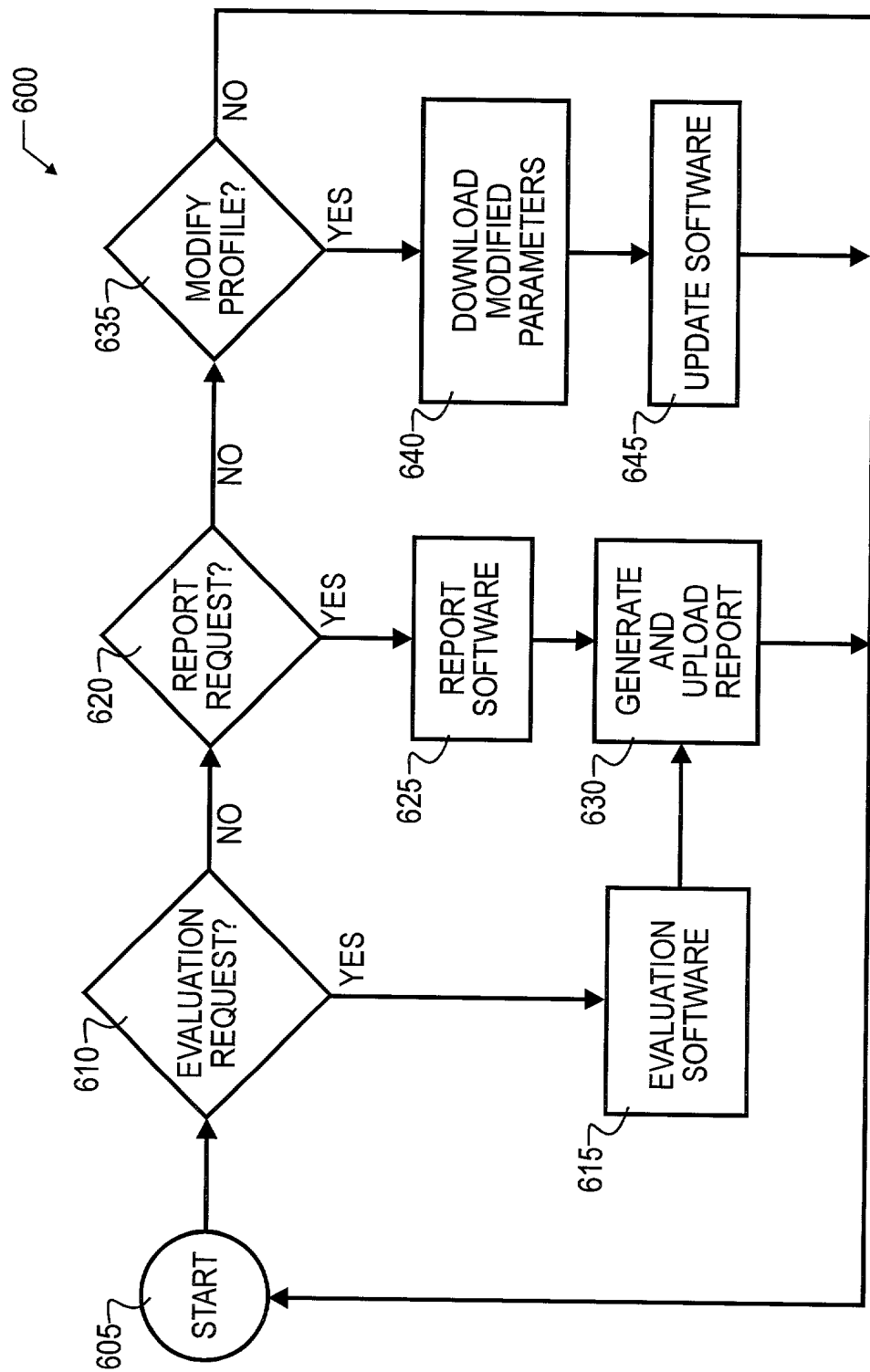


FIG. 6

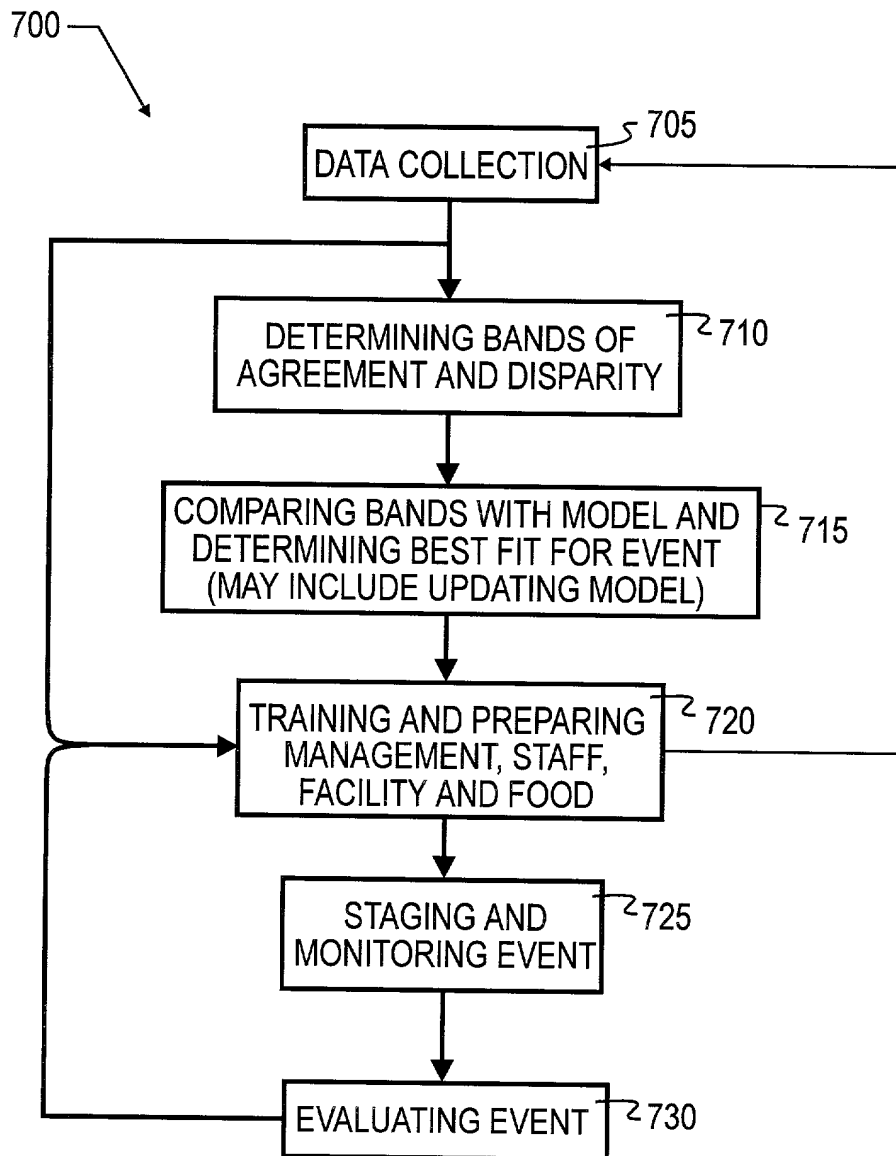


FIG. 7

## Preference survey - Soups

### Soups, stews, and chowders

Bean	Like/Dislike
Ham and bean	Like/Dislike
Beef barley	Like/Dislike
Beef noodle	Like/Dislike
Beef vegetable	Like/Dislike
Cauliflower cheese	Like/Dislike
Chicken and rice	Like/Dislike
Chicken gumbo	Like/Dislike
Chicken noodle	Like/Dislike
Clam chowder	Like/Dislike
Corn chowder	Like/Dislike
Potato chowder	Like/Dislike
Cream of asparagus	Like/Dislike
Cream of Broccoli	Like/Dislike
Cream of celery	Like/Dislike
Cream of chicken	Like/Dislike
Cream of mushroom	Like/Dislike
Cream of potato	Like/Dislike
French onion	Like/Dislike
Minestrone	Like/Dislike
Split pea	Like/Dislike
Tomato	Like/Dislike
Wild rice	Like/Dislike
Cheese	Like/Dislike
Specify:	

FIG. 8



Preferences Survey - Breakfast Foods

Breakfast Foods			
	Like/Dislike	with Milk/Cream	with sugar/brown sugar
Cereal (Hot)			with fruit
Oatmeal	Like/Dislike	with Milk/Cream	with fruit
Cream of Wheat	Like/Dislike	with Milk/Cream	with fruit
Cooked rice	Like/Dislike	with Milk/Cream	with fruit
Farina	Like/Dislike	with Milk/Cream	with fruit
Grits	Like/Dislike	with Milk/Cream	with fruit
Malt-O-Meal	Like/Dislike	with Milk/Cream	with fruit
Cereal (Cold)			
All-Bran	Like/Dislike	with Milk/Cream	with fruit
Bran Flakes	Like/Dislike	with Milk/Cream	with fruit
Cheerios	Like/Dislike	with Milk/Cream	with fruit
Corn Flakes	Like/Dislike	with Milk/Cream	with fruit
Grape Nuts	Like/Dislike	with Milk/Cream	with fruit
Rice Krispies	Like/Dislike	with Milk/Cream	with fruit
Special K	Like/Dislike	with Milk/Cream	with fruit
Wheaties	Like/Dislike	with Milk/Cream	with fruit
Shredded wheat	Like/Dislike	with Milk/Cream	with fruit
Specify:			

FIG. 9

FIG. 10

## Preference Survey - Protein

Type of Protein	Like/Dislike	Will/Will not eat	Preference	Preparation method or type
Egg	Like/Dislike	Will/Will not eat		Hard boil, coddle, fry, scramble, omelet
Cheese	Like/Dislike	Will/Will not eat		Cottage cheese, cream cheese, cheese spread
				American, Swiss, cheddar, blue cheese, roquefort, parmesan, Specify:
Tofu	Like/Dislike	Will/Will not eat		
Poultry				
Chicken	Like/Dislike	Will/Will not eat	Like white/ dark meat	Roasted, pan fried, deep fried, plain/coated, spiced, cream sauce, stewed, fricassee, pot pie
Turkey	Like/Dislike	Will/Will not eat	Like white/ dark meat	Roasted, pan fried, deep fried, plain/coated, spiced, cream sauce, stewed, fricassee, pot pie
Duck	Like/Dislike	Will/Will not eat		
Goose	Like/Dislike	Will/Will not eat		
Squab	Like/Dislike	Will/Will not eat		
Fish	Like/Dislike	Will/Will not eat		
Salmon	Like/Dislike	Will/Will not eat		Baked, pan fried, deep fried, smoked, plain/coated, loaf
Cod	Like/Dislike	Will/Will not eat		Baked, pan fried, deep fried, smoked, plain/coated
Catfish	Like/Dislike	Will/Will not eat		Baked, pan fried, deep fried, smoked, plain/coated
Walleye	Like/Dislike	Will/Will not eat		Baked, pan fried, deep fried, smoked, plain/coated
Fish cakes/sticks	Like/Dislike	Will/Will not eat		Baked, pan fried, deep fried, smoked, plain/coated
Squid/octopus	Like/Dislike	Will/Will not eat		Baked, pan fried, deep fried, smoked, plain/coated
Tuna	Like/Dislike	Will/Will not eat		Baked, pan fried, deep fried, smoked, plain/coated
Herring	Like/Dislike	Will/Will not eat		Baked, salad, in casseroles
Anchovy	Like/Dislike	Will/Will not eat		Pickled, smoked, broiled
Sardines	Like/Dislike	Will/Will not eat		Fillet, paste
Trout	Like/Dislike	Will/Will not eat		in oil, in tomato sauce
Turtle	Like/Dislike	Will/Will not eat		Baked, pan fried, deep fried, smoked, plain/coated
Shellfish	Like/Dislike	Will/Will not eat		
Shrimp	Like/Dislike	Will/Will not eat		Plain/coated, deep fried, sauted, cold in salads
Lobster	Like/Dislike	Will/Will not eat		Plain/coated, deep fried, sauted, cold in salads

# Preference Survey - Beverages

Beverages w/meal	Named brand	Breakfast	Lunch	Dinner	AfternoonSnack
Milk		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Whole milk		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Skim milk		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
1% milk		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
2% milk		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Soy milk		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Chocolate milk		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Hot chocolate		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Buttermilk		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Eggnog		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Milk shake		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Malted milk		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Yogurt, plain		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Yogurt, flavored		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Water					
Carbonated water		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Ice water		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Water w/o ice		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Water w/lime		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Flavored water		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Coffee					
Caffeinated		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
De-caf coffee		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Flavored coffee		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Tea					
Ice tea		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Caffeinated		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
De-caffeinated		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Black tea		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Green tea		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Flavored herbal		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Soda		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Caffeinated		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
De-caffeinated		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Diet		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Regular		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Lemonade					
Regular		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Pink		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Juice					
Tomato		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike
Vegetable		Like/Dislike	Like/Dislike	Like/Dislike	Like/Dislike

FIG.11

## Preferences - Personal Choices

I like to eat breakfast at	Weekdays	Saturday	Sunday
	5:00am	5:00am	5:00am
	5:30am	5:30am	5:30am
	6:00am	6:00am	6:00am
	6:30am	6:30am	6:30am
	7:00am	7:00am	7:00am
	7:30am	7:30am	7:30am
	8:00am	8:00am	8:00am
	8:30am	8:30am	8:30am
	9:00am	9:00am	9:00am
	9:30am	9:30am	9:30am
	Specify:	Specify:	Specify:

I like to eat lunch at	Weekdays	Saturday	Sunday
	11:00am	11:00am	11:00am
	11:30am	11:30am	11:30am
	12:00pm	12:00pm	12:00pm
	12:30pm	12:30pm	12:30pm
	1:00pm	1:00pm	1:00pm
	1:30pm	1:30pm	1:30pm
	2:00pm	2:00pm	2:00pm
	2:30pm	2:30pm	2:30pm
	Specify:	Specify:	Specify:

I enjoy a coffee break at	Weekdays	Saturday	Sunday
	1:30pm	1:30pm	1:30pm
	2:00pm	2:00pm	2:00pm
	2:30pm	2:30pm	2:30pm
	3:00pm	3:00pm	3:00pm
	3:30pm	3:30pm	3:30pm
	4:00pm	4:00pm	4:00pm
	Specify:	Specify:	Specify:

I like to eat dinner at	Weekdays	Saturday	Sunday
	4:00pm	4:00pm	4:00pm
	4:30pm	4:30pm	4:30pm
	5:00pm	5:00pm	5:00pm
	5:30pm	5:30pm	5:30pm
	6:00pm	6:00pm	6:00pm
	6:30pm	6:30pm	6:30pm
	7:00pm	7:00pm	7:00pm
	7:30pm	7:30pm	7:30pm
	8:00pm	8:00pm	8:00pm
	8:30pm	8:30pm	8:30pm
	Specify:	Specify:	Specify:

I like a bedtime snack at	Weekdays	Saturday	Sunday
	7:00pm	7:00pm	7:00pm
	7:30pm	7:30pm	7:30pm

FIG.12

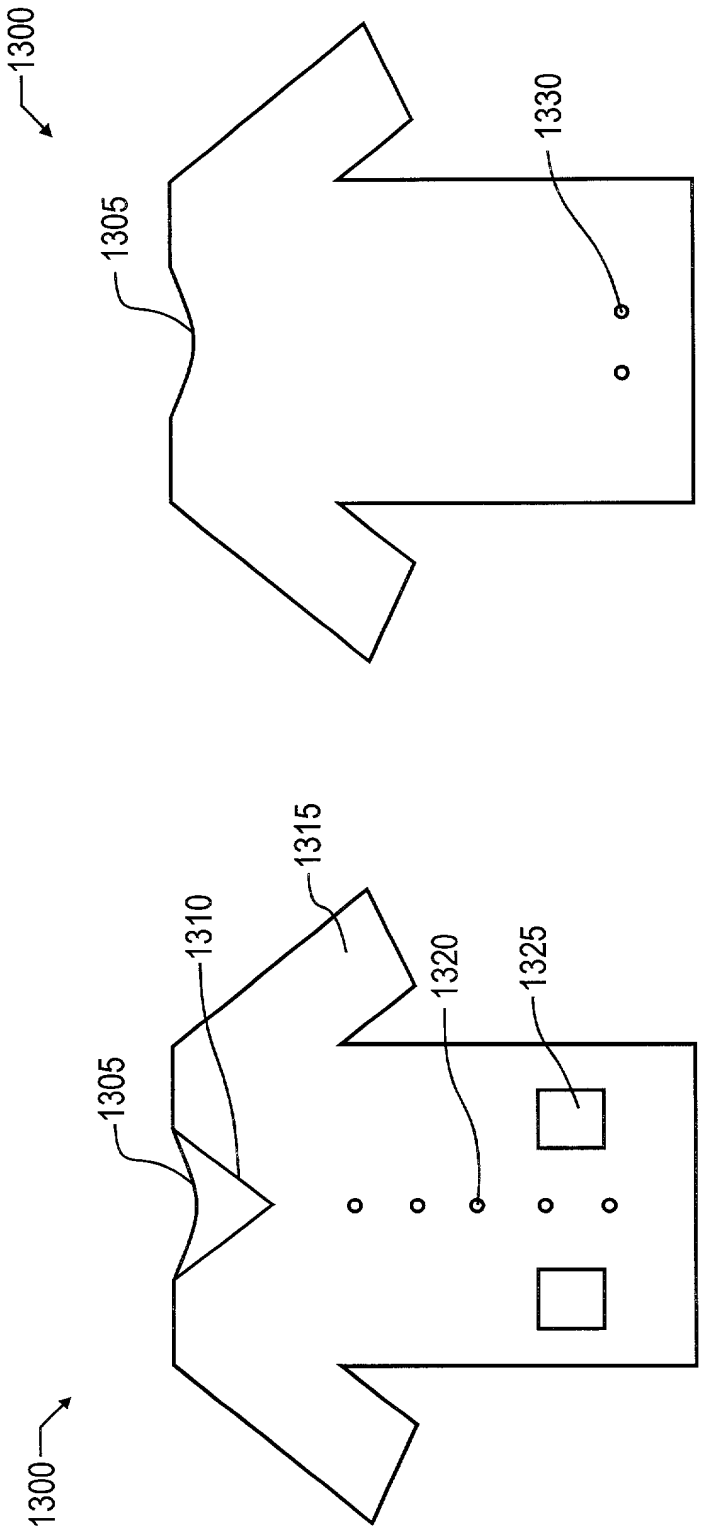


FIG. 13a

FIG. 13b

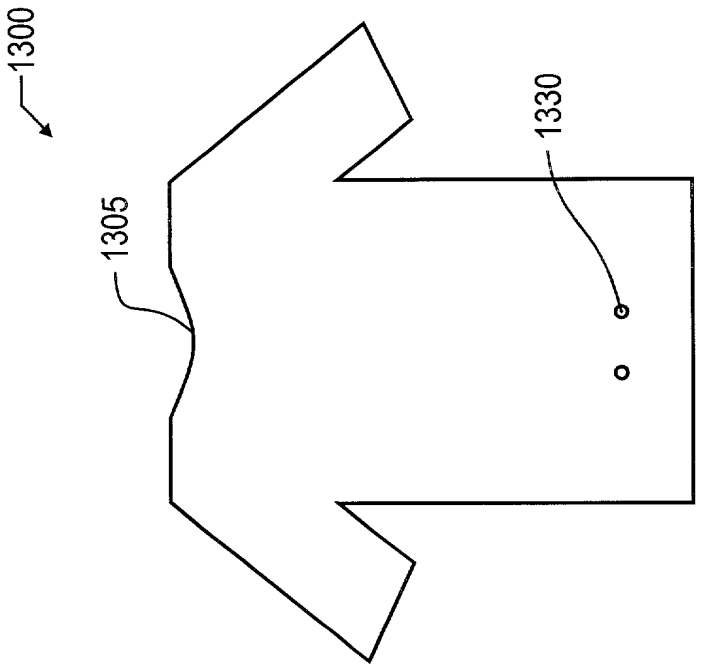


FIG. 14

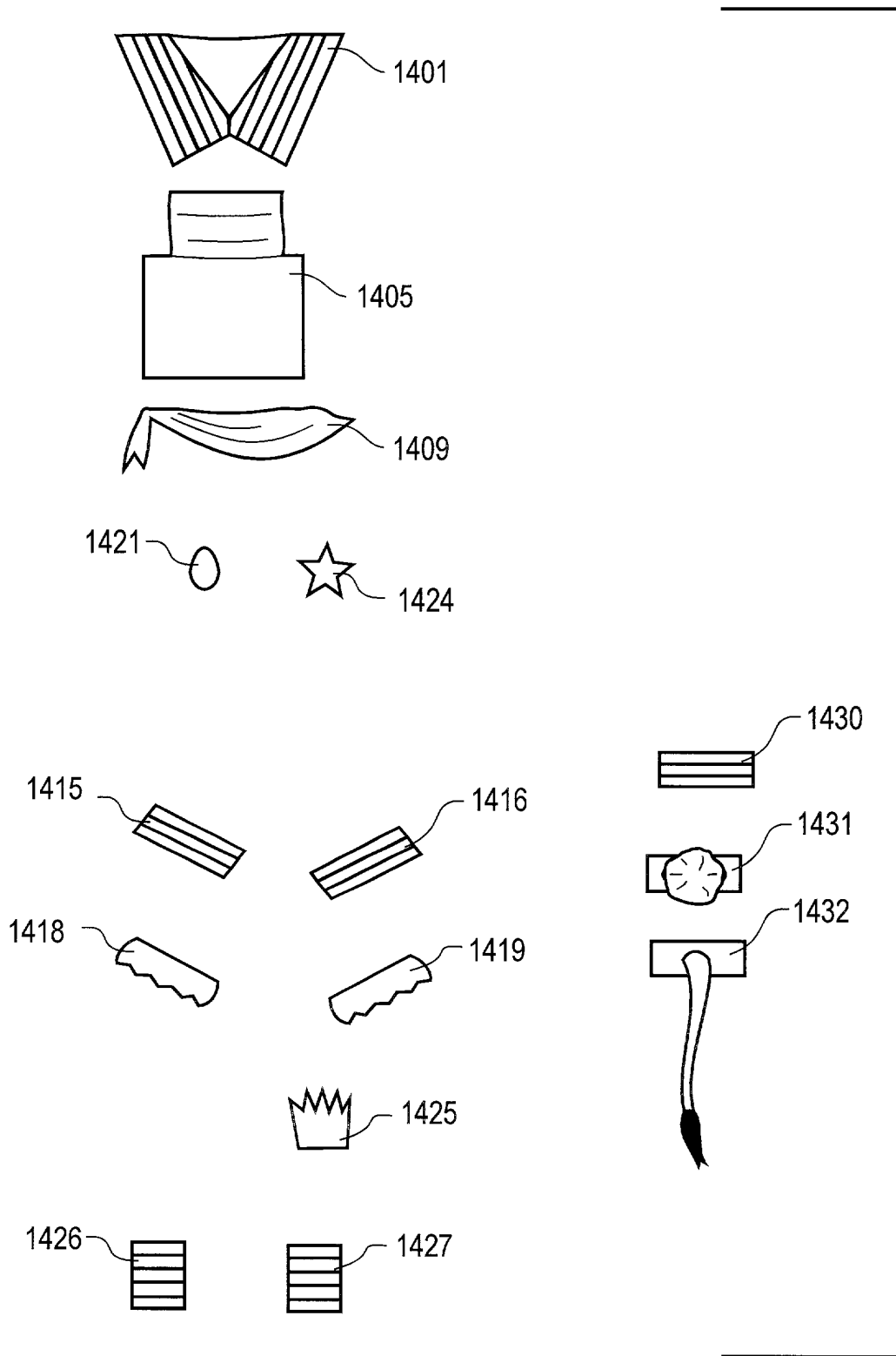


FIG. 14

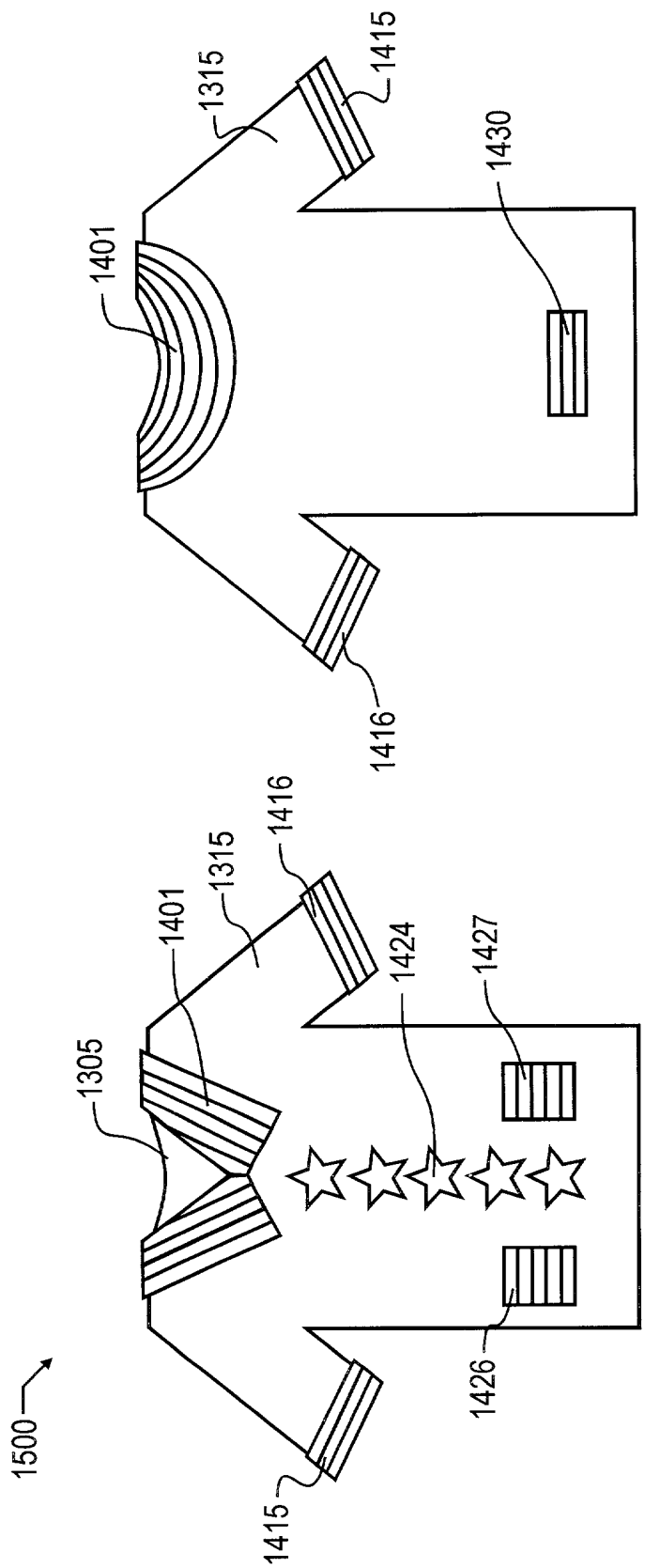


FIG. 15